

INFO PACK

EVS

NANCY

(France)

500 km

300 mi

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Welcome to Nancy

You have chosen to engage in a mission of EVS in France, in Nancy and hope that this experience will be useful for future projects.

Upon arrival to the end of your mission, you may be taken (e) to ask different questions:

How is this going to happen in my home service and with my tutor?

What are my benefits?

What are my rights and duties?

How to request a leave of absence?

How to develop my skills and prepare for my future project?

You will find in this guide some answers to these questions, which we hope will be useful throughout your mission within the community.

We wish you a nice and commitment are at your side to make your adventure citizen.



Nancy

Famous Place Stanislas will never fail to impress you. It's striking beauty and lively ambiance gives an Italian air to the city, year round. You can find nearby the Park of Pépinière. But Place Stan was not the only recipient of the UNESCO World Heritage label, The Place d'Alliance, which resembles a mini Place des Vosges in Paris and The Place de la Carrière also received the honour.

The New City (ville neuve), from the end of the 17th century, includes most of the main commercial area. You can find the Point Central and the Place Charles III, the Central Market, all the big brands, boutique shops and restaurants – and of course eating is a popular pass time here as well. The architecture Art Déco is also present, often next to its Art Nouveau counterparts from l'Ecole de Nancy. Close to Germany, Luxembourg and Belgium. In summer it can be very hot and quite cold, so think of bringing some warm clothes too.

Meurthe-et-Moselle — Lorraine — Grand Est

Nancy is located in the County (Département in french) of Meurthe-et-Moselle, one of the four departments (Meurthe-et-Moselle, Meuse, Moselle and Vosges) making up the Lorraine Region. Since 2016, following a territorial reform, French regions have merged and the Lorraine Region is now part of the Région Grand Est.

Lorraine Region is part of the Grande Région with Belgium, Luxembourg and Germany. This Union make economic and cultural cooperation's between territories.

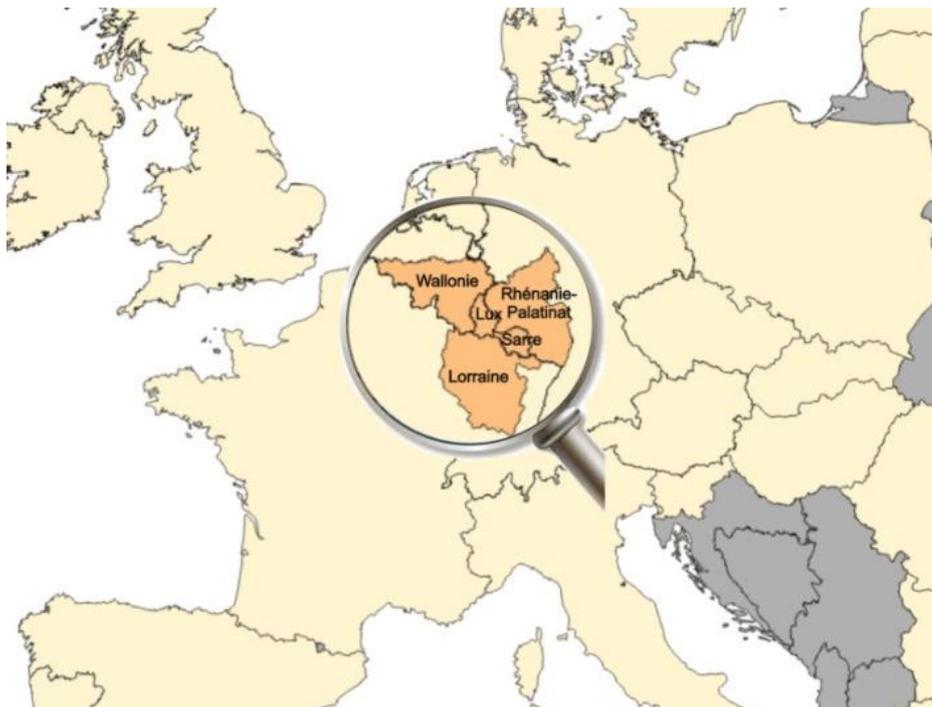
In the Grand Nancy region, there are many lovely old villages who attest to the ancient traditions of wine in the area: Vandoeuvre, Villers, Ludres, Houdemont, Dommartemont...

There are also some spectacular attractions such as the Castel of Lunéville, Chartreuse de Bosserville at Art-sur-Meurthe, the Castel of Fléville or the Domaine de Montaigu at Jarville-la-Malgrange. Or you can find some magnificent religious edifices, fountains and washrooms. Visit the Douera, the extravagant Mozarab style mansion in Maxéville (complete with Arabian calligraphy), ancient oppidums like Saint Geneviève in Essey les Nancy or the banks and islands of the River Meurthe at Tomblaine....

A territorialised organization



The Grande Région



Association CRISTEEL—Europe Direct

1. History

Created in 2000, the organization CRISTEEL makes the European Union approachable to citizens and organizations by encouraging them to participate in European exchanges and by giving them the possibility to participate actively in the construction of the European Union. Additionally our organization has **EVS accreditation since 2001** and is certified by the European Commission as **European Direct Information Center since 2005**.

CRISTEEL acts actively in Lorraine to promote the development of European projects and also develops young European mobility.

2. Missions

- To facilitate the implementation of local projects with an European dimension, presentation of possible financing and technical support (for example Erasmus+)
- To sensitize to European citizenship: presentation of programs reserved for young people and group leaders of young people; to guide young people who want to do an European voluntary service (EVS) or to mount a project in France or in Europe.
- To form Lorraine actors for European exchanges
- To find transnational partners
- To inform about Europe to learn and understand the functioning of the European Union: answer citizen's questions, documentation centre in free access, information sessions, quiz, debates, and expositions
- To inform through the free official documentation of the European Union (in our location of information centre, during manifestations or by ordering)
- To make information and actualities reachable by electronic way, by the websites of other structures or newsletters
- To liven up information stands towards different publics about European questions and mobility
- To organize debates about important current subjects concerning citizens
- To train professional public about European programs



3. Composition

The organization is composed by an administration desk (president, secretary, treasurer...), of an administration council (desk members, Federation of cultural youth houses and CANOPE) and of two employees (one coordinator and one project manager Europe Direct). We host volunteers (French and Europeans) for 10 months periods to help us in our missions.

The EVS

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What is the European Voluntary Service?

The EVS is part of the Youth and Sport department of Erasmus + Program. EVS offers a mobility experience and commitment in another country. It allows to discover another culture and acquire professional skills.

The volunteer is accompanied before, during and after.

1. For who?

For all young people 17-30 years.

For a resident of one of the partner countries of European Union.

No training, experience, qualifications and language skills are required.

Only one long-term EVS per person in his life.

2. Why?

For the partner: To receive support for local development of non-profit activity, encourage new partnerships.

To volunteer: discover the country, acquire skills.

3. An approach based on human values

A useful voluntary for self and helpful to others in a spirit give and take. Promote and apply European values: diversity, respect for human dignity, freedom, democracy, equality, the rule of law, respect for human rights.

A personal project: specific to each, it is linked to your personality, your background, your skills, your motivation and your desires.

A social utility work: you participate in ongoing activities and made proposals. That is why your commitment does not replace the professional activity but the full.

Educational support: you are accompanied by a tutor who will offer a learning experience that is neither academic or professional. You follow a training time on the values of citizenship and you share exchange time between volunteers.

A stage of life: it allows you to dedicate yourself fully to your citizen investment.

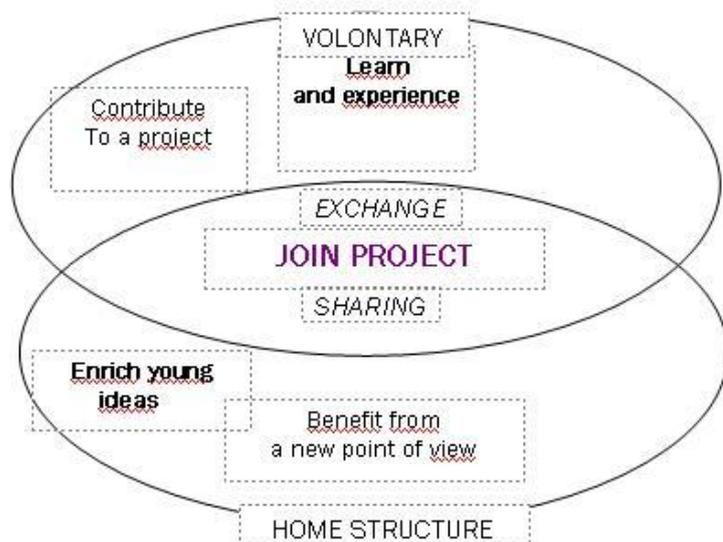
4. The volunteer's project

The project is implemented in a non-profit organization. Voluntary activities must be useful to the host community.

Voluntary activities are written in a contract of activity. This contract has to be signed by the volunteer, a sending organization and a local host organization.

The duration of the mission may be 2 to 12 months. The total duration of the mobility period, including previous participation in EVS activities, can't exceed 12 months for a participant.

At the end of his project, the volunteer receives Youthpass, attesting to their participation. He values his skills acquired during his mission.



5. The benefits of EVS

The organisation shall provide financial support to the participant for undertaking a mobility activity for the European Voluntary Service (called hereafter the « EVS ») under the Erasmus + Programme.

EVS is free for the volunteer, which is fed, housed and maintained throughout its mission.

· **Payment :**

The volunteer will receive each month:

- 6€ per day for pocket money,
- A supplementary amount for food (about 150€).

All payment will be done in Euro.

· **Accommodation :**

The volunteer will either live in a flat-shared with our other volunteers or students in Nancy or in a student's residency.

The flat and residency have all the necessary equipment. You only have to bring your personal things. As you get food money, you can buy your own food and cook by yourself.

· **Insurance :**

The participant has to be registered at **the EVS insurance CIGNA**.

The insurance identification of the participant is number as provided by the insurance provider. The sending organisation is responsible for subscription.

· **Holidays :**

Each volunteer have two days of vacation per month and can cumulate them.

CRISTEEL's premises close during certain school holidays and we encourage volunteers to take their vacation days during these periods.

Preparation for mission

I. Coordination Organisation

- coordinating the project in cooperation with Sending and Hosting Organization
- ensuring that the volunteer(s) attend(s) the full EVS Training and Evaluation Cycle
- providing support to the volunteer(s) in the Host Organization(s)
- carrying out all or some of the administrative tasks of the Sending or Host Organization(s) involved in the project

- **Contact during the voluntary assignment**

Remains in contact with the others volunteers during the mission.

- contact during the voluntary service
- stay in contact with the volunteer and with the Host Organisation during the project
- Provide support to the Coordinating/Hosting Organisation in all activities related to the project, as commonly agreed, including reporting and monitoring activities.

II. The travel

The volunteer will have to pay in advance the transportation costs from his home address to his destination and will be reimbursed after arriving in **France**, up to the maximum grant awarded for the distance of travel. The total travel costs reimbursed will be between 180€ and 275 € according to volunteer's home address for the two-ways ticket.

Railway Station

- Gare de Nancy : 3 Place Thiers, 54000 Nancy
- Lorraine TGV—shuttle from Gare de Nancy

Airports

Lorraine Airport - L'Aéroport Régional de Lorraine

<http://www.metz-nancy-lorraine.aeroport.fr/>

Luxembourg Airport

<https://www.lux-airport.lu/fr/>

During the Mission

III. At my place of mission

1. Contacts

95 rue de Metz, 54000 NANCY

www.cristeel.fr

contact@cristeel.fr

03 83 17 00 47

Julia Gallmeister, coordinator julia.gallmeister@cristeel.fr

Sophie Dumas, project manager sophie.dumas@cristeel.fr

2. Public Transport

Bus

Bus The bus number 9 pass in the street, the nearer bus stop is “Carsat”.

There is a large bus and tram lines grid’s/network’s in Nancy, you can consult it on

<http://www.reseau-stan.com/>

Bicycle

You can rent a bicycle for to one hour until one year in Nancy.

More information on <http://www.velostanlib.fr/>

You can also buy a second-hand bicycle at the association Dynamo:

5 Grande rue (enter at 18 rue Pierre Gringoire)

54000 NANCY

<https://atelierdynamo.fr/>

Rights and responsibilities

I. Absences and leaves

As a volunteer, you are required (e) to respect the rules of the structure that welcomes you. You should therefore inform your tutor for delay and justify your absence (medical certificate, letter convening an exam, etc.)

In addition, you are entitled to exceptional leave (training, passing exams, competitions, marriage, death of a relative, religious holiday, etc.)

II. Formations

· Linguistic support

The participant shall carry out an online assessment of linguistic competences OLS (online linguistic support) before and during the mobility period, with the exception of native speakers.

The participant shall follow the online French language course in order to prepare for the mobility activity abroad.

In addition French classes can be attended in an association selected by CRISTEEL.

· The others trainings

Two EVS seminars will take place during your volunteering, at the beginning and at mid-term.

The seminary is obligatory and useful to meet European volunteers from many different countries in mission in France.

Trainers are qualified Erasmus instructor/partner, and you will be able to ask for any doubts.

At the end of my mission

Certificats Youthpass

Participants of approved projects of Erasmus+ Youth in Action and of the Youth in Action programmes have the right to receive recognition for their participation and learning in the projects. The Youthpass Certificate is the instrument which has been developed for this purpose.

The certificates are issued by the organization or a youth worker/leader involved in the project. Depending on the type of the project this role can be taken by a group leader, coach, mentor, trainer, etc. To produce Youthpass Certificates, please follow the step by step instructions below, guiding you through the production process.

CRISTEEL will help you to fill in.



Keep it preciously as a diploma!

[More informations about the website:](#)

www.youthpass.eu

Practical information

Tourist information

Meurthe-et-Moselle Tourisme

Conseil Départemental de Meurthe-et-Moselle

48 esplanade Jacques Baudot—54000 NANCY

tourisme@departement54.fr—+ 33 (0)3 83 94 51 91

www.tourisme-meurtheetmoselle.fr

NANCY TOURISME ET ÉVÈNEMENTS

Place Stanislas - BP 810 -

F54011 NANCY CEDEX - T

Tel. 03.83.35.22.41

www.nancy-tourisme.fr

The City Pass and the 6 Museum Pass are of course excellent value for money, and make things even easier for you by packaging together discounts and entrance fees to attractions.

Transports

Bus Nancy

www.reseau-stan.com

Carpooling

Blablacar

Vadrouille-covoiturage

Taxis

2 boulevard Joffre

54000 NANCY

contact@taxis-nancy.com

www.liaisonsdirectes.com



Administration

City hall of Nancy

Mairie de Nancy

1 place Stanislas

54000 NANCY

+ 33 (0) 3 83 34 26 26

www.nancy.fr

Primary Health Insurance Fund

CPAM

9 boulevard Joffre

54000 NANCY

Post Offices

La Poste in French

14 offices in Nancy

<https://www.laposte.fr/particulier/outils/trouver-un-bureau-de-poste/nancy>

Health

Central Hospital

Hôpital central

Centre Saint Stanislas

9 rue Fabriques

54000 NANCY

+ 33 (0) 3 83 85 85 85

Language

Free French lessons online

www.francaisfacile.com

www.podcastfrancaisfacile.com

Hobbys

Museums Nancy (Musées de Nancy)

Musée de l'École de Nancy

36—38 rue du Sergent Blandan

54000 NANCY

www.ecole-de-nancy.com

Musée Lorrain

64 Grande rue

54000 NANCY

www.musee-lorrain.nancy.fr

Musée des beaux arts

Place Stanislas

54000 NANCY

www.mban.nancy.fr

Swimming pools

Piscine olympique Grand Nancy-Thermal

Esplanade Jacques Baudot à Nancy : 03 83 41 53 53

<http://www.grandnancy.eu/sports-culture-loisirs/piscines/piscine-olympique-grand-nancy-thermal/>

Houses of Youth and Culture (Maisons des jeunes et de la culture (MJC))

7 MJC exist in Nancy with many activities: sports, languages, artistic, gastronomy...

<http://www.7mjc-nancy.com/fr/accueil.html>

Carte Jeunes Nancy Culture

If you have less than 25 years old you can buy for 5€ the Young Card Nancy Culture (Carte Jeunes Nancy Culture) to have some discount on cultural activities and events.

Available in MJC, cinemas, concerts

<https://www.nancy.fr/culture-a-nancy-la-culture-en-continu/tarifs-et-bons-plans-culture/cartes-jeunes-nancy-culture-779.html>



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